

MOORLANDS JUNIOR SCHOOL

BEFORE SCHOOL CLUB

7.45am – 8.45am Daily



Children will have the opportunity to engage in fun physical activities led by qualified coaches or school staff.

The Before School Club is open to all children from Year 3 to Year 6 from Moorlands Junior School. There are limited places available each day which are offered on a first come, first served basis on receipt of a completed booking form.

Payment can be made via ParentPay, cash or cheque (payable to Moorlands Junior School) and Childcare Vouchers are accepted (please check your employer is registered with school by contacting Mrs Jenkinson in the school office).

The before school club is not available on staff training days and bank holidays, and is closed during all school holidays.

Activities and Games

Monday: Dodgeball – Provided by Sale Sports Club (Mike Sambell)

Tuesday: Kids Body Active – Provided by Fight the Fat Fitness (Sammi Stephenson)

Wednesday: Kids Body Active – Provided by Fight the Fat Fitness (Sammi Stephenson)

Thursday: Gymnastics* – Provided by Little Sports Coaching

Friday: Multi Sports Skills & Activities – Provided by Sale Sports Club (Mike Sambell)

* Children will work towards achieving BAGA awards and will be assessed termly. Badges will be given to those who successfully achieve each level.

**For more information and booking form
please contact the school office or visit our
school website**

www.moorlandsjuniorschool.com

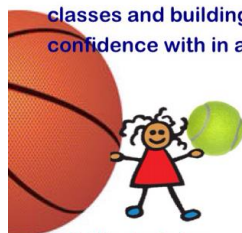


Kids Body Active Before school activity club

Tues & Wed 7:45am

These sessions are aimed at improving your child's skills in a wide range of sports & games helping with their coordination, balance, spatial awareness and ability of understanding and following the instructions & rules of games. Improving catching, throwing & kicking skills. While forming new friendships with children from other classes and building on their confidence with in a group.

**Kids who
Get moving
Before
School
Tend to
Do better
In school**



All activities will get the children moving first thing in the morning, stimulating body & mind in a fun & enjoyable way to set them up for the day ahead.

Activities include:

Throwing & catching skills-team games-races-skipping -hula hooping-problem solving-circuits-dodgeball-bench ball- kick cricket-clap catch-target games-den building-football-obstacle course-leadership-communication -confidence building & more.

There will be a range of activities on offer weekly so that children can develop a variety of skills.

**60mins of
physical activity**



Sale Sports Club Before School Multi Sports Club



Moorlands Junior School

Friday Mornings
7.45am to 8.45am

Sale Sports Club are bringing Multi Sports session to Moorlands Junior School for the 2016/17 school year

These sessions are aimed to get your children active before school which has been proven to give your children the stimulation need to do better in school. During these sessions we will play various different games including; Cricket, Hockey, Tennis, Football, Rugby, Dodgeball, Table Tennis, as well as different types of tagging games and multi sports activities.

These session will be run by our qualified coaches who are fully insured. Our aim is to create a fun atmosphere which will allow your child to improve their sporting skills and ability as well as making new friends.

